

FOR IMMEDIATE RELEASE
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**FREE EDUCATIONAL FORUM FOR ALZHEIMER'S FAMILY CAREGIVERS
THE CAREGIVING JOURNEY:
PRACTICAL ADVICE FROM EXPERTS IN THE FIELD**

San Diego, CA---A Town Hall Forum titled, "The Caregiving Journey: Practical Advice from Experts in the Field" is being held Thursday, July 30th, 2009 from 8:30am to 12:30pm at the Lake San Marcos Resort Conference Center in North County.

This free educational forum for family caregivers will address the issues facing a family caring for a loved one with Alzheimer's Disease. A panel of experts will discuss various issues facing those assuming the role of the caregiver and how to empower and protect yourself and your loved one.

Health Care Group's ActivCare[®] - Residential Alzheimer's Care facilities and the George G. Glenner Alzheimer's Family Centers, Inc. are hosting the event, continuing the fifth year of free educational forums for family caregivers.

In addition, the Glenner Alzheimer's Family Centers will be providing free adult day care during the event at their Encinitas Center. Reservations are required. Call (760) 635-1895 at least one week prior to the event. For more information on adult day care and family and professional caregiver education please contact (619) 543-4700 or visit www.alzheimerhelp.org.

The forum will take place at the Lake San Marcos Resort Conference Center at 1025 La Bonita Drive in San Marcos, CA 92078 from 8:30am to 12:30pm on Thursday, July 30th, 2009. Continental breakfast will be served at 8:30am.

To sign up for the free Town Hall Forum, please contact Health Care Group at (858) 565-4424.

For additional information on Health Care Group, please log on to www.healthcaregrp.com.

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