

# Town Hall Forum

## *The Caregiving Journey: Practical Advice from Experts in the Field*

Join us as we spend the morning with medical experts from the  
**ActivCare® Medical Advisory Board &  
The George G. Glenner Alzheimer's Family Centers**

Alzheimer's Disease and related dementias have a profound impact on the family. Join us for a morning session with Alzheimer's Disease experts and learn how to empower & protect yourself and your loved one.

**When:** Thursday, July 30th, 2009  
8:30 am – 12:30 pm  
*Continental Breakfast: 8:30 am*

**Where:** Lake San Marcos Resort  
Conference Center  
1025 La Bonita Drive  
San Marcos, CA 92078

**\*See directions on reverse side**

- ❖ **Strategies for fueling the Alzheimer's body**
- ❖ **The different stages of Alzheimer's Disease**
- ❖ **Long term care costs & planning for the future**
- ❖ **Legal decisions following a dementia diagnosis**
- ❖ **Exploring adult day care centers**

### Medical Professionals

Dr. Neil Levine - Internist

Dr. Alan Berkowitz - Psychiatrist specializing in Geriatric Medicine

Scott Stewart - Elder Law Attorney

Dawn Carnerie-DeStefani - B.S.W, Glenner Adult Day Care Center Manager/  
Social Worker

**Free adult day care** offered at  
The Glenner Alzheimer's Family Centers.  
Reservations required one week prior to the event.  
Please call our Encinitas Center at (760) 635-1895.



**Presented by:**

*ACTIVCARE®*  
RESIDENTIAL ALZHEIMER'S CARE

and



The George G. Glenner  
Alzheimer's Family Centers, Inc.®

with support from  
**AARP**<sup>SM</sup>

and



Southern Caregiver Resource Center  
*Caring for those who care for others*

**To RSVP, please call  
Health Care Group at  
(858) 565-4424**

## **Lake San Marcos Resort Conference Center**

**From I-5:** Go East on Palomar Airport Road, turn right at Rancho Santa Fe Road, turn left on Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with “Conference Center” displayed on the building.

**From I-15:** Go West on Highway 78 to San Marcos Blvd. Turn left on San Marcos Blvd., left on Rancho Santa Fe Road, and left at Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with “Conference Center” displayed on the building.